Easy Evaluation: Designing and Analysing Feedback Forms

Jeff Adams PhD En-Yi Lin PhD

SHORE & Whariki Research Centre College of Health





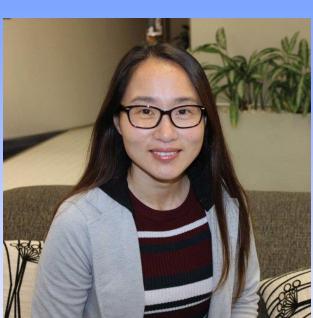
Introductions



Jeff Adams

Judy Lin





Verne McManus

SHORE & Whariki Research Centre

We are two multidisciplinary research groups working in a Treaty of Waitangi partnership model to produce excellent research with the aim of improving health and wellbeing in Aotearoa, New Zealand and globally.

SHORE

WHARIKI

National Public Health Evaluation Training Service



Workshop outcome

Gained knowledge, skills and confidence about designing, analysing and reporting feedback



Workshop sessions

Feedback forms

- Key features of feedback forms
- Designing questions

Analysing and reporting data

- Quantitative
- Qualitative

Introductions

Name

Where from

Key work role



What is a feedback form?

A way to collect information from participants about quality and immediate impacts of programme

How Did They Do?

	Yes	No
Could I hear them?		
They looked at me		
during the presentation.		
I could understand what		
they were saying.		
Do I have any questions?		

My question is				
		_		

Feedback form key features



What makes a good feedback form?

Useful for

Efficient and economical

Can measure:

- quality of project
- change in knowledge
- change in skills



What kind of data?

Qualitative Quantitative Like Easy Awkward _{Slow} ^{23,406} 4.3 2m32s 76.8% Squirrel Efficient How 1,127 \$45,849

Ambiguous How 1,127 3.76% Confusing €12.75

Many methods to administer



What ways can a feedback form be administered?

Ways of getting feedback

Can be anonymous

- Paper
- Internet (ensure compatible with mobile devices)

Not (usually) anonymous

- Email
- Face to face



Importantly ...

Don't seek feedback if you don't intend to use the information to take action



Determining focus

Experience

Changes

Determining focus

What are key feature of the **experience** of the intervention?

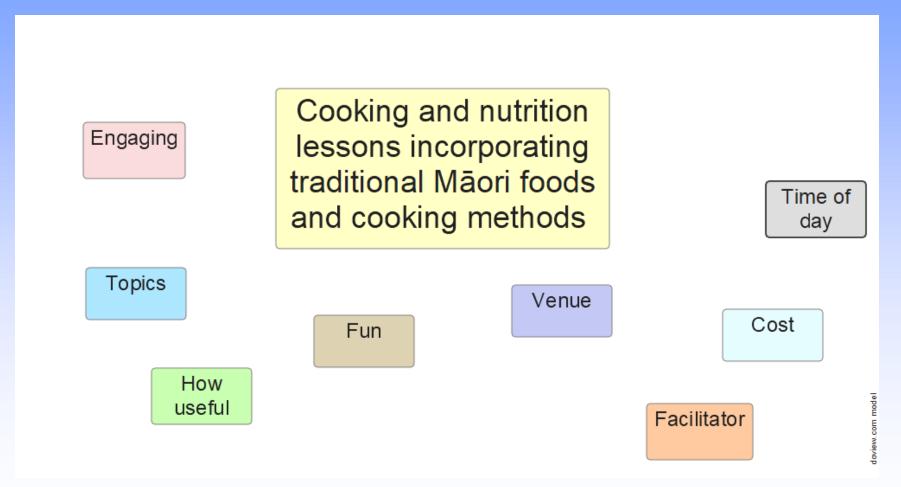
What changes or short term outcomes are you expecting?

Link to logic models (if you have one)

What features of participant experience?

Cooking and nutrition lessons incorporating traditional Māori foods and cooking methods

What features of participant experience?



What outcomes are expected?

Cooking and nutrition lessons incorporating traditional Māori foods and cooking methods

What outcomes are expected?

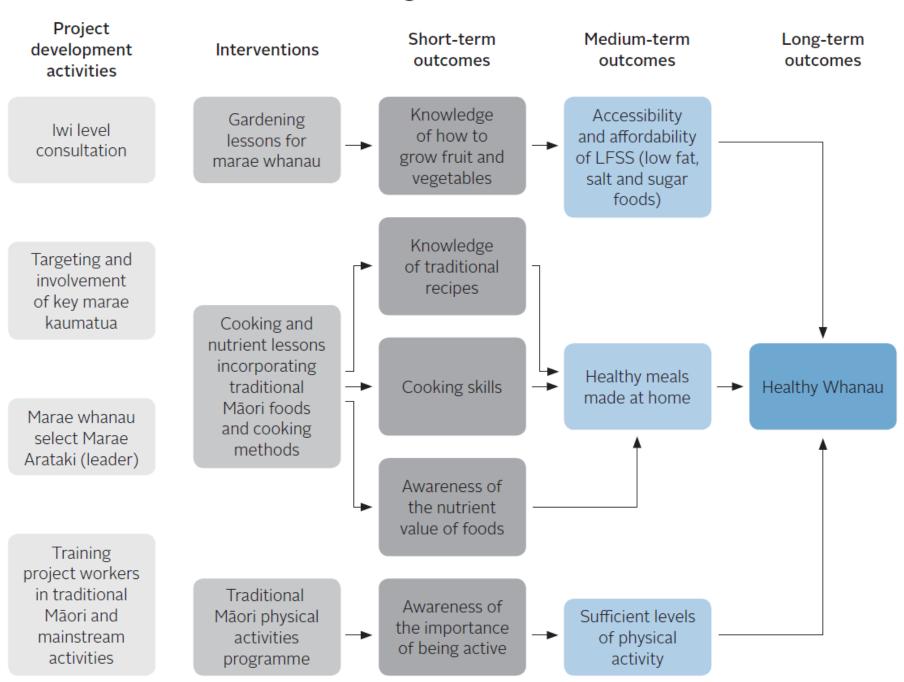
Cooking and nutrition lessons incorporating traditional Māori foods and cooking methods

Knowledge of traditional recipies

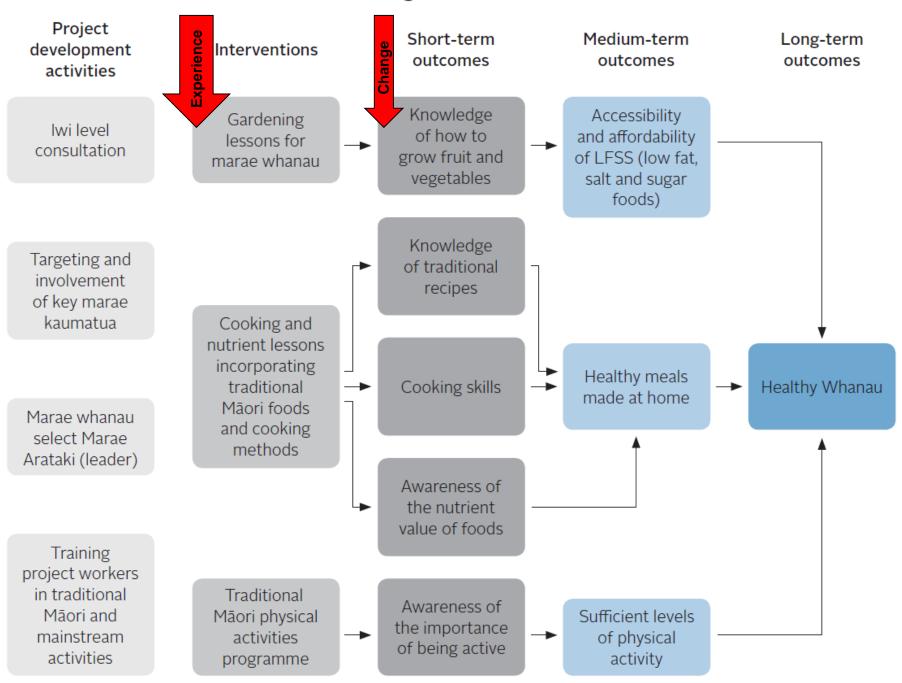
Cooking skills

Awareness of the nutrient value of foods

Marae-based Nutrition and Exercise Programme



Marae-based Nutrition and Exercise Programme



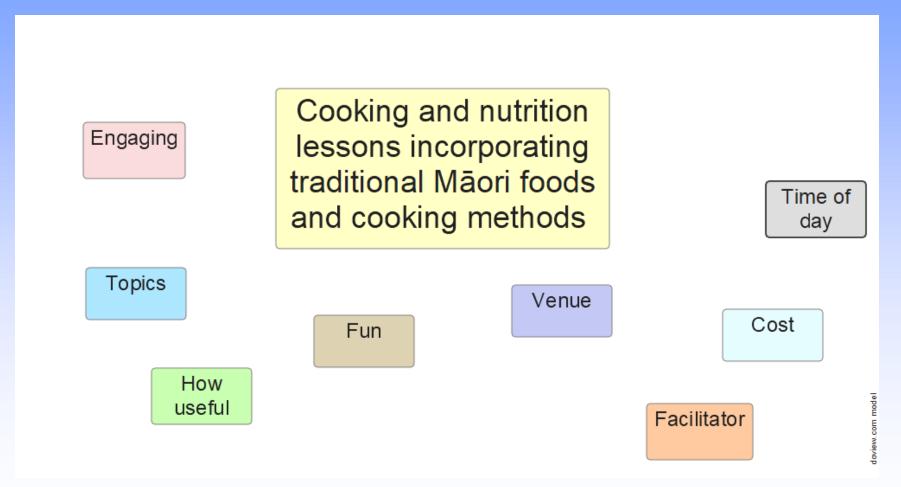
Intervention: Cooking lessons for families

Evaluation Criteria		Key Sources of Data		Method		
•	The content covers skills required for cooking and accurate nutrition information	•	Dietician or nutritionist	•	Review of cooking lesson plans	
•	The delivery of lessons is engaging, interesting and at the appropriate level for participants	•	Participant Course leader	•	Feedback form Interview Reflection/assessment	
•	The lesson design allows participants time to practise new skills and apply knowledge	•	Participant	•	Feedback form	

Intervention: Cooking lessons for family

Criteria	Feedback question	Response type
Lessons are: • engaging • interesting		
Participants have time to practise new skills		

What features of participant experience?



Intervention: This workshop (experience)

Criteria	Feedback question	Response type

What outcomes are expected?

Cooking and nutrition lessons incorporating traditional Māori foods and cooking methods

Knowledge of traditional recipies

Cooking skills

Awareness of the nutrient value of foods

Short term outcomes expected: This workshop (change)

Outcomes		

Short term outcome: This workshop (change)

Criteria	Feedback question	Response type

Develop criteria for your project



- Quality of intervention
- Short term outcomes

Appendix one in workbook – first column only)

Designing feedback forms



Spot the problems



For each of the following questions spot the problem(s) with it.

- To what extent do you agree that NZS is adequate?
- In the last month how often did you go for a walk?
- Please rate the following 15 items in order of importance?
- How many children do you have?
- How would you rate the service at this hospital?
 - (1) Satisfactory (2) Good (3) Excellent

Design

Order questions logically

- Place easy (non-controversial) questions first
- -Place important questions early
- Group questions by topic

Use plenty of white space

Use a readable type size

Provide brief instructions

Design: Use rating scales

1.	How comfortable were you with your talking?						
	1	2	3	4	5	6	7
	Extremely Con	nfortable				Extremely L	Incomfortable
2.	How confider	nt were you	with your tal	king?			
	1	2	3	4	5	6	7
	Extremely Confident					Extremel	y Anxious
3.	How successf	ul did you fe	el with your	talking?			
	1	2	3	4	5	6	7
	Extremely Successful					Extremely L	Insuccessful

Design: Free text box



Simple, suitable vocabulary – consider reading skills

Question Wording

Avoid using complex words, technical terms, jargon, and phrases that are difficult to understand. Instead, use language that is commonly used by the respondents. For example:

Use . . .

- Work
- Tired
- About
- People who live here
- Your answers
- Job concerns
- Providing health care

Instead of ...

- Employment
- Exhausted
- Regarding
- Occupants of this household
- Your responses to this questionnaire
- Work-related employment issues
- Health care provision

Avoid abbreviations, jargon, foreign phrases



Be specific e.g., instead of last year – use 2018

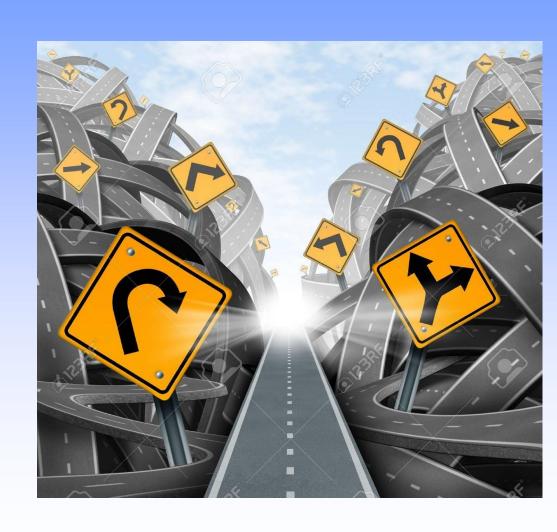


Clear wording e.g., Instead of often

Be specific e.g., Use daily, twice Weekly etc.



Include all information so question can be adequately answered



Avoid demanding and time consuming questions

Example:

Please rank the following 15 items in order of their importance to you

In 25 words or less, what is your philosophy of 4-H?

Avoid assumptions

Example:

How many children do you have?

Avoid bias (leading questions, not providing negative/positive options)

Example:

How would you rate the housing in which you live?

- 1. Satisfactory
- 2. Good
- 3. Excellent

Avoid double-barrelled questions

Example:

Did the counselling session help you improve your relationships with your teachers and increase your ability to get along with your friends?

Some common questions

- How could this workshop be improved?
- What did you enjoy most?
- What was the most useful thing you learnt on the course?
- Would you recommend this course to others, and why / why not?
- How could you apply what you have learnt on the course in your work?
- Any other comments you have about this course?

Writing your feedback questions



Intervention: Cooking lessons for family

Criteria	Feedback question	Response type
Lessons are: • engaging • interesting	I found the lessons engaging and interesting I was bored during the lessons Do you have any comments about the facilitation of the workshop?	1-5 rating1-5 ratingQualitative
Participants have time to practise new skills	I had enough time to practise the cooking skills taught to me	1-5 rating

Intervention: This workshop

Criteria	Feedback question	Response type

Short term outcome: This workshop

Criteria	Feedback question	Response type

Develop feedback questions for your project



- Quality of intervention
- Short term outcomes

Appendix one in workbook – second column

Analysing feedback data



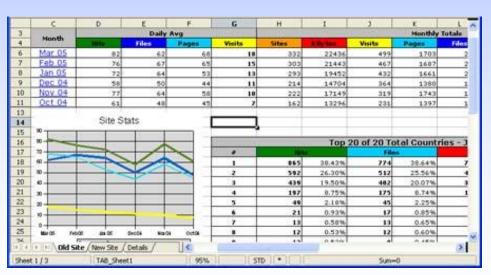
What kind of data?

Qualitative Quantitative Like Easy Awkward _{Slow} ^{23,406} 4.3 2m32s 76.8% Squirrel Efficient How 1,127 \$45,849

Ambiguous How 1,127 3.76% Confusing €12.75

Quantitative data from feedback forms

- Yes/No questions
- Multiple choice questions
- Ranking questions
- Rating questions



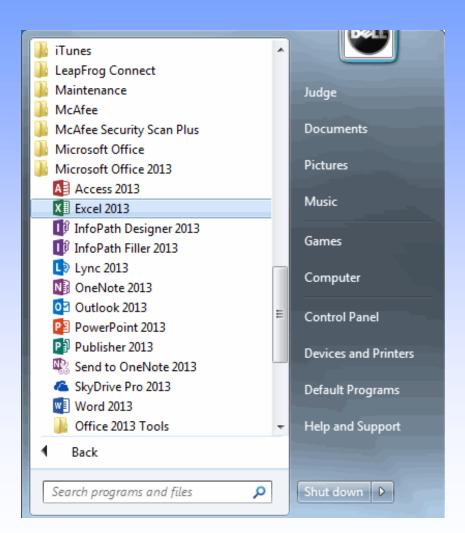
Quantitative Analysis

- Number (and percentage) of people who agreed to the question items
- Ranking of the question items
- Average rating of the question items

Creating a workbook

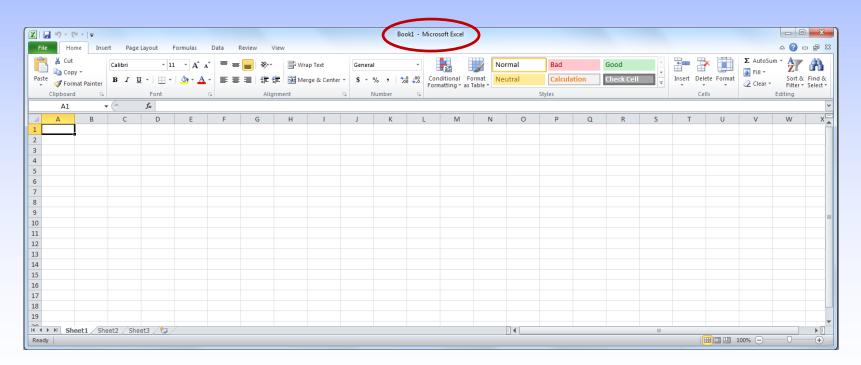
To start Microsoft Excel

- 1. Click the Start menu
- 2. Select All Programs
- 3. Select Microsoft Office
- 4. Select Microsoft Excel



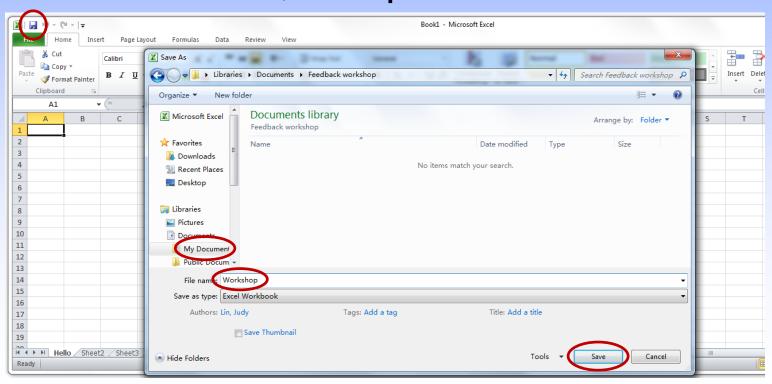
Creating a workbook

 When you open Excel a spreadsheet will appear by default - it is named "Book 1"



Save Workbook

 Save your workbook by clicking the "save" button, select the folder to save it, enter the name, and press "save"



Entering data

- When open, Excel Cell A1 is automatically selected. To enter a number or text in cell
 A1, simply begin typing
- Or you can select another cell using mouse

Participant ID

Enter participant ID in column A

	B1 ▼	\mathbb{Q} f_X	Reco	mmend			
	A	В		С	D	E	F
<u>:</u> (ID	Recomme	nd				
2	1		1				
3	2		1				
4	3		1				
5	4		1				
6	5		1				
7	6		1				
8	7		1				
9	8		1				
10	9		1				
11	10		1				
12	11		1				
13	12		1				
14	13		0				
15	14		1				
16	15		1				
17							
18							

Would you recommend this course to others? (Circle one answer)

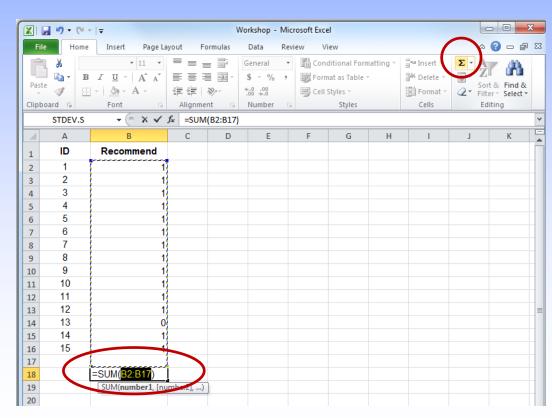
- 1. Yes
- 2. No

Entering data into Excel

- Name the column by typing in key words
- Use'1' for 'Yes' and '0' for 'No' (1=Yes, 0=No)

	B1 →	\mathbb{Q} f_X	Recommend			
4	A	В	C	D	E	F
1	ID (Recommen	nd			
2	1		1			
3	2		1			
4	3		1			
5	4		1			
6	5		1			
7	6		1			
8	7		1			
9	8		1			
10	9		1			
11	10		1			
12	11		1			
13	12		1			
14	13		0			
15	14		1			
16	15		1			
17						
18						

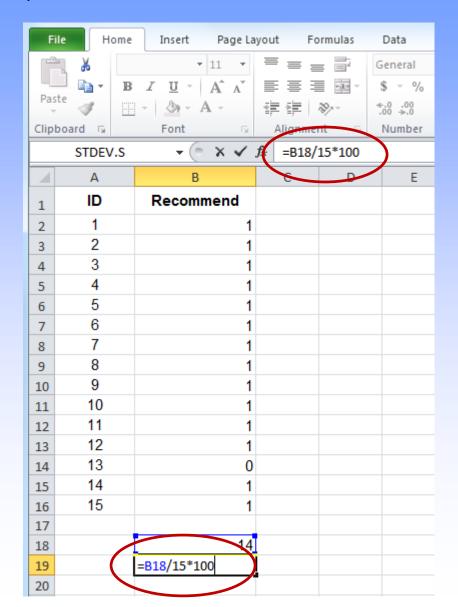
- Total number of 'Yes' = sum up the column
 Using 'Auto Sum':
- Select the cell at the end of the list
- Click on the "∑" button
- Press "enter"



- % of Yes = $\frac{Number\ of\ yes}{\#\ Participants} \times 100$
- To write a math formula start by typing "="
- "/" is division and "*" is multiplication



- Type '='
- Click on (or type in)
 the cell with sum
- Type '/'
- Type total number of participants
- Type '*100'
- Press "enter"



Multiple choice questions

Has the cooking sessions ... (tick all that apply)

- Increased your knowledge about the main food groups
- Equipped you with the ability to state which foods are the best sources

of key vitamins

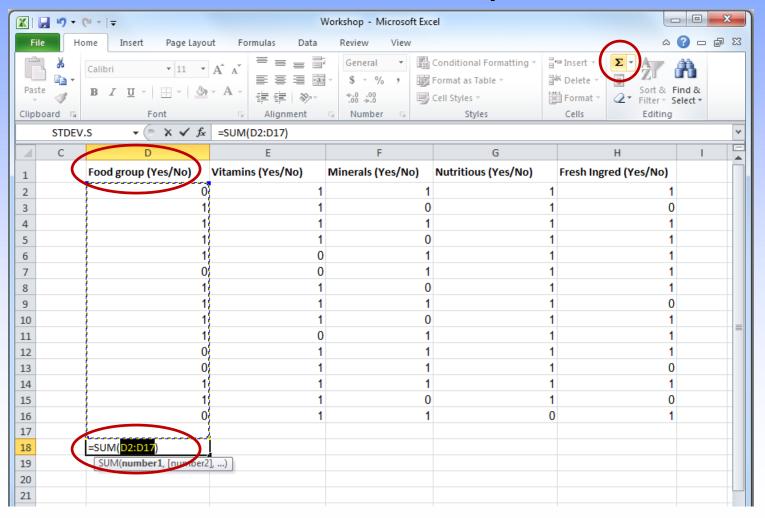
 Equipped you with the ability to state which foods are the best sources

of key minerals

- Increased your ability to design a balanced nutritious meal
- Increased your confidence in using fresh ingredients

Multiple choice questions

Treat all items as Yes/No questions

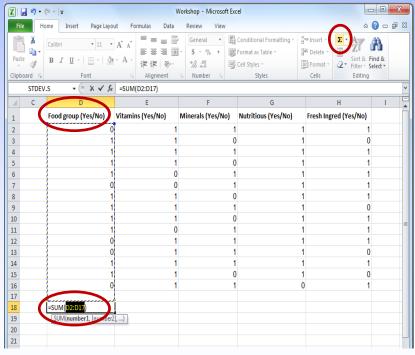


Multiple choice questions

Entering data into Excel

- Name the column by typing in key words
- 1=Yes, 0=No

- Auto sum "∑"
- Percentage







Auto fill

- Highlight the cell
- Put the cursor to the bottom-right corner (a solid '+' will appear)
- Drag the fill handle (+)
 across the cells that
 you want to fill

	D18	▼ (f _x	=SUM(D2:D17)	
4	С	D	E	F
1		Food group (Yes/No)	Vitamins (Yes/No)	Minerals (Yes/No)
2		0	1	1
3		1	1	0
4		1	1	1
5		1	1	0
6		1	0	1
7		0	0	1
8		1	1	0
9		1	1	1
10		1	1	0
11		1	0	1
12		0	1	1
13		0	1	1
14		1	1	1
15		1	1	0
16		0	1	1
17				
18		10		
10				

Ranking questions

Please rank the usefulness of the following topics you learnt in the cooking sessions (mark the most useful topic with a 1, the second most useful topic with a 2 etc.)

- ☐ Main food groups
- Best sources of key vitamins
- Best sources of key minerals
- Designing a balanced nutritious meal
- ☐ How to use fresh ingredients

Ranking questions

Entering data into Excel

- Name the column by typing in key words
- Type in the ranking

number

Calculate average

	J18 ▼ (=AVERAGE(J2:J17)							
1	I	J	К	L	M	N	0	
1		Rank-Food group	Rank-Vitamin	Rank-Mineral	Rank-Nutritious	Rank- Fresh		
2		5	3	2	1	4		
3		2	1	4	3	5		
4		3	4	3	2	1		
5		3	4	5	1	2		
6		4	5	3	1	2		
7		5	4	3	1	2		
8		3	4	5	2	1		
9		4	2	3	1	5		
10		4	2	5	3	1		
11		4	4	3	1	2		
12		5	3	4	2	1		
13		4	1	2	3	5		
14		2	3	4	3	1		
15		2	3	4	1	5		
16		4	1	2	5	3		
17								
18		3.60	2.93	3.47	2.00	2.67		
19							-	
20								

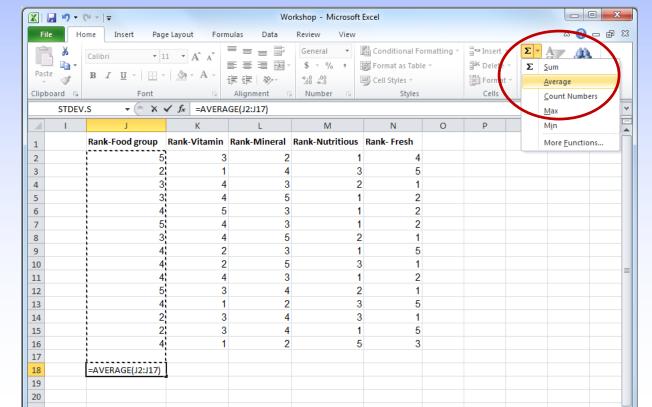




Ranking questions

Calculate average:

- Go to the end of the list
- Click on the drop down of "∑" button
- Select
 "Average"
 and press
 "enter"





Ranking questions

Auto fill:

 Drag the fill handle (+) across the cells that you want to fill

Rank the items
 (smaller = higher rank)

	J18 ▼ (=AVERAGE(J2:J17)						
4	I	J	K	L	M	N	0
1		Rank-Food group	Rank-Vitamin	Rank-Mineral	Rank-Nutritious	Rank- Fresh	
2		5	3	2	1	4	
3		2	1	4	3	5	
4		3	4	3	2	1	
5		3	4	5	1	2	
6		4	5	3	1	2	
7		5	4	3	1	2	
8		3	4	5	2	1	
9		4	2	3	1	5	
10		4	2	5	3	1	
11		4	4	3	1	2	
12		5	3	4	2	1	
13		4	1	2	3	5	
14		2	3	4	3	1	
15		2	3	4	1	5	
16		4	1	2	5	3	
17							
18		3.60	2.93	3.47	2.00	2.67	
19							=
20							

Rating Questions

The cooking lessons increased my knowledge about the main food groups (Circle one answer)

1 2 3 4 5
Strongly Disagree Neither Agree Strongly agree nor disagree

Rating questions

Entering data into Excel

- Name the column by typing in key words
- Type in the rating

Calculate average

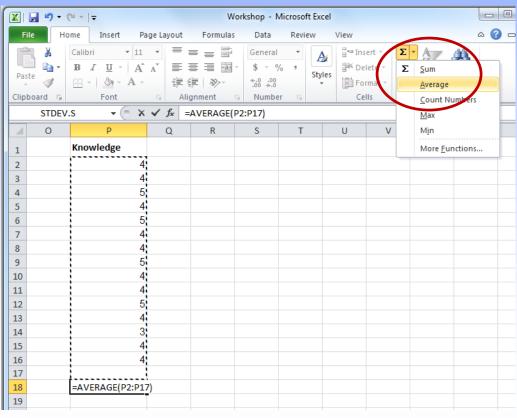
P18 ▼ (
A	0	Р	Q	R	S	Т
1		Knowledge	Engaging	Interesting	Time to practise	
2		4	4	4	4	
3		4	4	4	4	
4		5	5	5	5	
5		4	4	3	4	
6		5	5	4	3	
7		4	4	4	4	
8		4	4	3	4	
9		5	5	4	3	
10		4	4	4	4	
11		4	4	5	5	
12		5 4	5	4	5 4	
13 14		3	3	3	2	
15		4	4	4	4	
16		4	4	3	2	
17		,	•			
18		4.2	4.2	3.9	3.8	
19						-
20					SHURE V	vnariki





Rating questions

- Number the scale in the right direction (higher score = higher rating)
- Calculate
 average score
 using
 "∑ Average"



Rating questions

Auto fill:

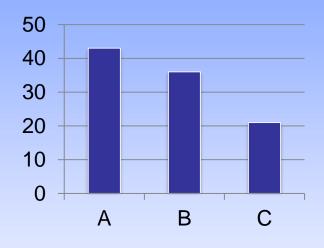
 Drag the fill handle (+) across the cells that you want to fill

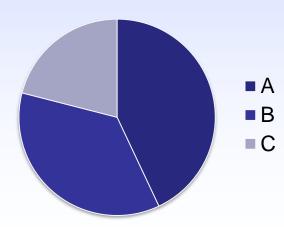
- Higher the score
 - = higher the rating

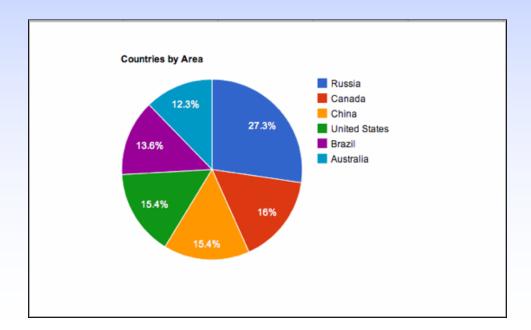
P18 ▼						
4	0	Р	Q	R	S	Т
1		Knowledge	Engaging	Interesting	Time to practise	
2		4	4	4	4	
3		4	4	4	4	
4		5	5	5	5	
5		4	4	3	4	
6		5	5	4	3	
7		4	4	4	4	
8		4	4	3	4	
9		5	5	4	3	
10		4	4	4	4	
11		4	4	5	5	
12		5	5	4	5	
13		4	4	4	4	
14		3	3	3	2	
15		4	4	4	4	
16		4	4	3	2	
17						
18		4.2	4.2	3.9	3.8	
19						=
20						

Making a graph

Bar graph is better than pie graph



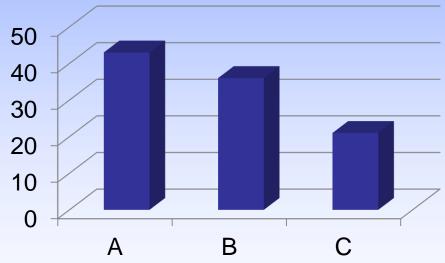




Making a graph

2-D graph is better than 3-D graph





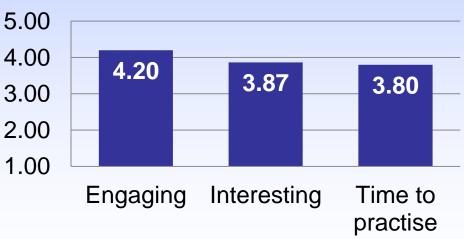




Making a graph

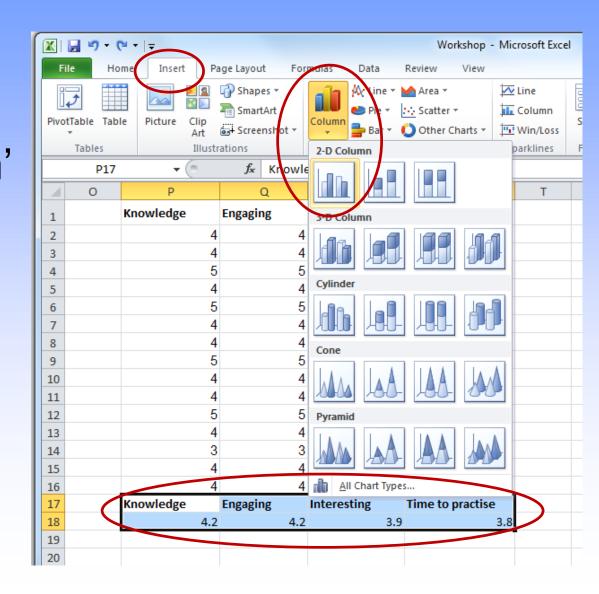
- Y-axis should start at smallest possible number, with meaningful intervals
- Label each bar

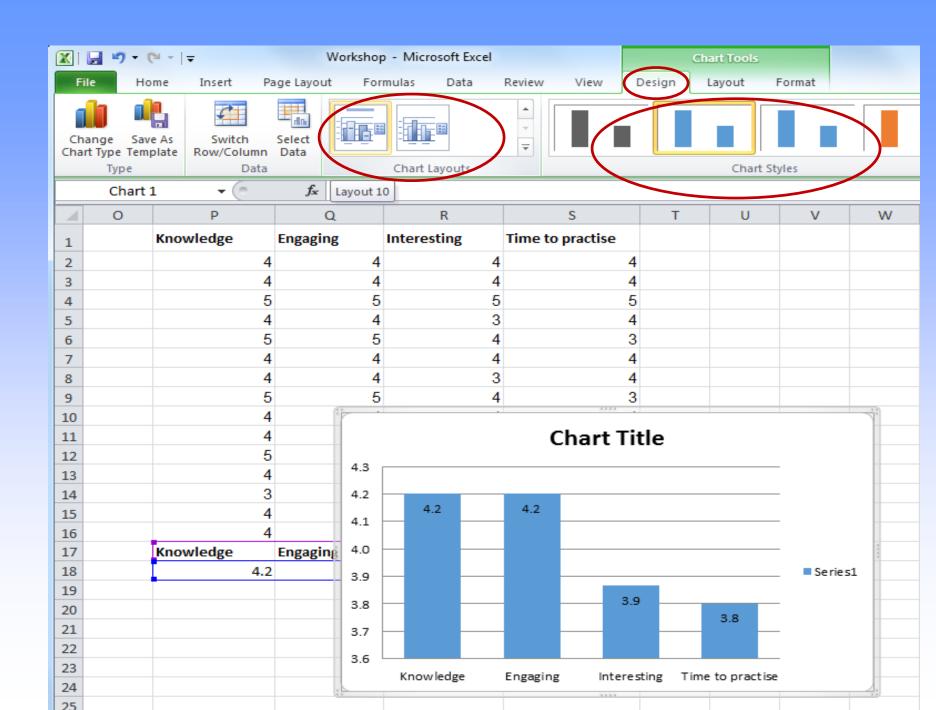


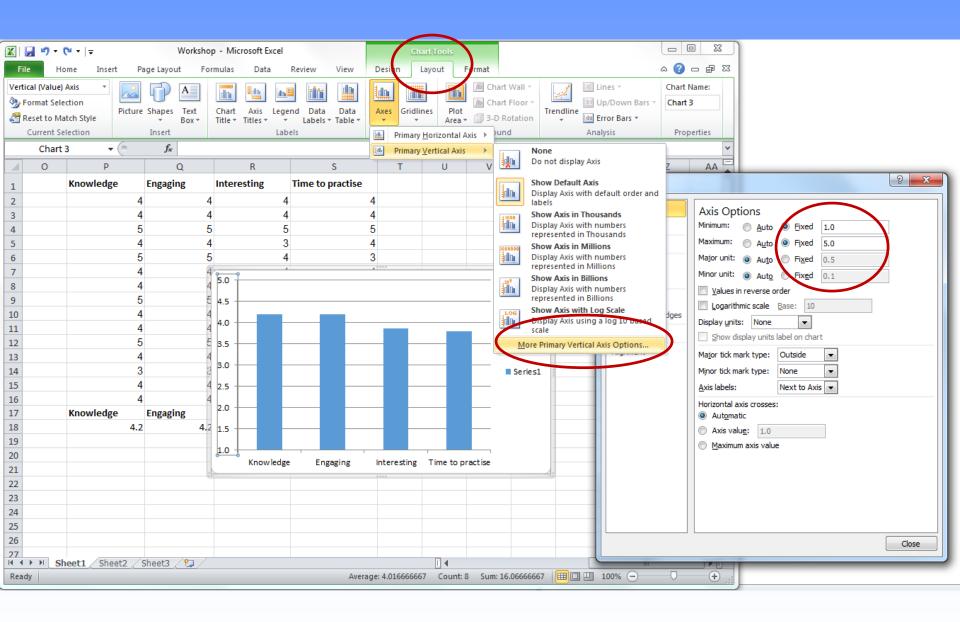


Column bar graph

- 1. Select range
- 2. Go to 'Insert'
- 3. Click 'Column' and choose '2-D Column'

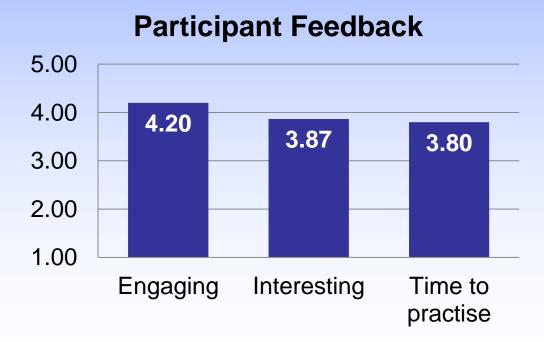






Reporting quantitative data

The average rating for the engagement of the cooking lesson was 4.20 out of 5.



Qualitative data from feedback forms



Analysing qualitative feedback data

- Simple, short sentences
- Realist / post-positivist
- Surface (semantic) level meanings
- Driven by evaluation questions / criteria
- General inductive approach

General inductive approach

Method Notes

This section includes shorter papers (e.g., 10-15 double-spaced manuscript pages or less) describing methods and techniques that can improve evaluation practice. Method notes may include reports of new evaluation tools, products, and/or services that are useful for practicing evaluators. Alternatively, they may describe new uses of existing tools. Also appropriate for this section are user-friendly guidelines for the proper use of conventional tools and methods, particularly for those that are commonly misused in practice.

A General Inductive Approach for Analyzing Qualitative Evaluation Data

David R. Thomas University of Auckland

Abstract: A general inductive approach for analysis of qualitative evaluation data is described. The purposes for using an inductive approach are to [0] condense raw textual data into a brife, summary format; (b) establish clear links between the evaluation or research objectives and the summary findings derived from the raw data; and (c) develop a framework of the underlying structure of experences or processes that are evident in the raw data. The general inductive approach provides an easily used and systematic set of procedures for analyzing qualitative data that can produce reliable and valid findings. Although the general inductive approach is not as strong as some other analytic strategies for theory or model development, it does provide a simple, straightforward approach for deriving findings in the context of focused evaluation questions. Many evaluators are likely to find using a general inductive approach less complicated than using other approaches to qualitative data analysis.

Keywords: inductive analyses; qualitative analysis methods

The collection of qualitative data in evaluation is common. However, knowledge about strategies for efficient and defendable procedures for analyzing qualitative data is less common. A wide range of literature documents the underlying assumptions and procedures associated with analyzing qualitative data, including evaluation data (e.g., Patton, 2002). Many of these are associated with specific approaches or traditions, such as grounded theory (Strauss & Corbin, 1998), phenomenology (e.g., van Manen, 1990), discourse analysis (e.g., Potter & Wetherell, 1994), and narrative analysis (e.g., Leiblich, 1998). However, some analytic approaches are generic and are not labeled within one of the specific traditions of qualitative

American Journal of Evaluation, Vol. 27 No. 2, June 2006 237-246 DOI: 10.1177/1098214005283748

© 2006 American Evaluation Associati

Thomas, D. R. (2006). A general inductive approach for analyzing qualitative evaluation data. *American Journal of Evaluation*, 27(2), 237-246.

David R. Thomas, University of Auckland, School of Population Health, Private Bag 92019, Auckland, New Zealand; phone: 9-373-7599, ext. 85657; fax: 9-303-5932; e-mail: dr.thomas@auckland.ac.nz.

Key ideas of GIA

Condense raw textual data into a brief, summary format

Establish clear links between the results (based on data) and the evaluation question

What the analysis should do

Identify the core meanings in the feedback forms relevant to the question

Identify the key categories (themes)

Report the key categories (themes) in answer to the evaluation question

Analysis

- 1. Read data and code
- 2. Develop categories
- 3. Multiple readings
- Decisions about what is important need to be made

Tip: Stay focused on the evaluation question but look for other things of interest

Sample data

What did you most enjoy about this workshop?

- Exercises to illustrate points, logical sequence, applying to my own project
- Interactive participation
- The logic model
- Great bunch of facilitators, fun and energising sessions. Keep up the great work
- The new approaches and new learnings
- Learning about the programme logic model
- Learning about a template that can be utilised for each project undertaken and the ability to adapt the template to meet the type or size of project
- Focused and hands-on. Not too much listening to power point presentation
- Learning how the principles could be applied practically with others
- Tag teaming facilitators usually makes me hoha but you guys had a good flow and mixed well
- Working on the basic logic in pairs and then listening to groups' projects in the morning
- Practising what we learnt
- Learning new skills and applying them to existing knowledge
- Thanks guys for taking us through this 'easy' evaluation course that turned out to be challenging and interesting
- Great to use real project to work with, variety of teaching methods and activities
- Being able to apply my project to the new skills I learnt while attending the course
- Creative teaching i.e., the ways groups were selected
- I liked the team approach to presentations

Exercises to illustrate points, logical sequence, applying to my own project exercises	Exercises Apply own project
Interactive participation	Interactive
The logic model	LM - content?
Great bunch of facilitators, fun and energising sessions. Keep up the great work	Facilitators, fun
The new approaches and new learnings	New info
Learning about the programme logic model	LM – content
Learning about a template that can be utilised for each project undertaken and the ability to adapt the template to meet the type or size of project	Template – Model adapts
Focused and hands-on. Not too much listening to power point presentation	Presenting style
Learning how the principles could be applied practically with others	Practical application

Tag teaming facilitators usually makes me hoha but you guys had a good flow and mixed well	Facilitating, good flow
Working on the basic logic in pairs and then listening to groups' projects in the morning	Working with others
Practising what we learnt	Time to practice
Learning new skills and applying them to existing knowledge	Applying
Thanks guys for taking us through this 'easy' evaluation course that turned out to be challenging and interesting	Challenging
Great to use real project to work with, variety of teaching methods and activities	Tchg methods
Being able to apply my project to the new skills I learnt while attending the course	Practicing, applying
Creative teaching i.e., the ways groups were selected	Tchg methods
I liked the team approach to presentations	Presenting team

Develop categories: List codes

Exercises

Apply own project

Interactive

LM - content?

Facilitators, fun

New info

LM - content

Template – Model adapts

Presenting style

Practical application

Facilitating, good flow

Working with others

Time to practice

Applying

Challenging

Tchg methods

Practicing, applying

Tchg methods

Presenting team

Develop categories: Naming

Facilitation

Exercises

Interactive

Facilitators, fun

New info

Presenting style

Facilitating, good flow

Working with others

Time to practice

Applying learning to own work

Applying
Apply own project
Model adapts

Content

LM – content?

LM – content

Template -

Practical application

Challenging

Tchg methods

Practicing, applying

Tchg methods

Presenting team

Sample analysis: Categories

Facilitation

Content

Applying learning to own work

Sample analysis: Category description

1. Category name

2. Category description

3. Text / data associated with each category

Sample analysis: Category & description

Category: Facilitation

Description: All data related to facilitation, including the facilitators, interactive, time to practice skills, environment for learning

Sample analysis: Categories

Facilitation (bold); content (red); applying learning to own work (purple)

- Exercises to illustrate points, logical sequence, applying to my own project
- Interactive participation
- The logic model
- Great bunch of facilitators, fun and energising sessions. Keep up the great work
- The new approaches and new learnings
- Learning about the programme logic model
- Learning about a template that can be utilised for each project undertaken and the ability to adapt the template to meet the type or size of project
- Focused and hands-on. Not too much listening to power point presentation
- Learning how the principles could be applied practically with others
- Tag teaming facilitators usually makes me hoha but you guys had a good flow and mixed well
- Working on the basic logic in pairs and then listening to groups' projects in the morning
- Practising what we learnt
- Learning new skills and applying them to existing knowledge
- Thanks guys for taking us through this 'easy' evaluation course that turned out to be challenging and interesting
- Great to use real project to work with, variety of teaching methods and activities
- Being able to apply my project to the new skills I learnt while attending the course
- Creative teaching i.e., the ways groups were selected
- I liked the team approach to presentations

Sample analysis: Facilitation data

- Interactive participation
- Great bunch of facilitators, fun and energising sessions. Keep up the great work
- Focused and hands-on. Not too much listening to power point presentation
- Tag teaming facilitators usually makes me hoha but you guys had a good flow and mixed well
- Working on the basic logic in pairs and then listening to groups' projects in the morning
- Practising what we learnt
- ... variety of teaching methods and activities
- Creative teaching i.e., the ways groups were selected
- I liked the team approach to presentations

Sample analysis: Write up

Participants reported that the workshops were delivered in an interactive way, and the sessions were enjoyable. The sessions were reported to be fun and energising.

Great bunch of facilitators, fun and energising sessions. Keep up the great work. A number of design features of the workshop were identified as contributing to the usefulness of the workshop. These included using a variety of teaching styles such as hands-on and not requiring too much listening.

... variety of teaching methods and activities

Focused and hands-on. Not too much listening to power point presentation

Opportunities to put learning into practice during the workshop were also noted.

Practising what we learnt

The facilitation team was noted to have contributed positively to the enjoyment of the sessions; and having a team of facilitators was viewed as favourable by several respondents.

Tag teaming facilitators usually makes me hoha but you guys had a good flow and mixed well

I liked the team approach to presentations

Practice exercise

Resource: Data on handout sheet

Steps to follow

- Read and become familiar with the data
- Identify/develop categories
- Describe what the category is
- Identify text associated with each category

Presentation and reporting

Who is your target audience?



Reporting

When reporting mixed methods results it is useful to weave these together to tell a story about the responses to a particular question.

Here is an example:

Question: What is the quality of the cooking lessons?

Evaluation criteria:

Time to practise skills and apply new knowledge

To what extent did participants have enough time to practise and apply their new knowledge?

Time to practise skills and apply new knowledge

Ninety-three % of participants either agreed or strongly agreed that they had enough time to practice the skills presented in the workshop.

Participants' comments also reflected they had enough time to practise their new skills but some also wanted follow up sessions so they could be kept updated.

I loved it when we got to try things. Sometimes things looked easy but when you did it, it didn't look quite the same

I learnt a lot eh but it makes you realise how much you don't know. I'm on a bit of a buzz at the moment but I want to keep this knowledge up you know. My family thinks I'm the best cook in the world now

Yeah it was great. I just want to learn more about cooking but the nutrition stuff was really interesting. I went home and tried everything out and the kids just loved it.

To what extent did participants have enough time to practise and apply their new knowledge?

Time to practise skills and apply new knowledge

Majority of participants (93%) felt they had enough time to practice the skills presented in the workshop.



Participants' comments also reflected they had enough time to practise their new skills.

I learnt a lot eh but it makes you realise how much you don't know. I'm on a bit of a buzz at the moment but I want to keep this knowledge up you know. My family thinks I'm the best cook in the world now 399

Yeah it was great. I just want to learn more about cooking but the nutrition stuff was really interesting. I went home and tried everything out and the kids just loved it.

To what extent did participants have enough time to practise and apply their new knowledge?



Summing up and questions



What are the key points to "takeaway" from today?

Any remaining questions?

Contact details

easy.evaluation@massey.ac.nz

SHORE & Whariki Research Centre 0-9-366 6136